

Allergens menu

If you have a food allergy or intolerance, please inform a member of the team before placing your order.

Please be aware that all our dishes are prepared in a mixed kitchen where nuts and gluten are present, as well as other allergens, therefore we cannot guarantee that any food item is completely 'free from' traces of allergens.

C-CELERY G-GLUTEN CR-CRUSTACEAN E-EGGS F-FISH L-LUPIN M-MILK MO-MOLLUSCS

MU-MUSTARD N-NUTS P-PEANUTS SE-SESAME S-SOYA SU-SULPHITES

Starters

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|----------|--|------------------------|
| | Spiced crispy fried whitebait, charred lemon, granary bread and butter | G, F, L, M |
| (v) | Honey, garlic and rosemary baked Camembert, onion and cinnamon jam, sourdough toast | G, L, M, SU |
| | Salmon, prawn and herb fishcakes, dressed salad, lemon mayonnaise | G, CR, E, F, L, MU, SU |
| (vg, gf) | Glass noodle and vegetable spring roll, Asian salad, soy, honey and ginger dipping sauce | C, SE |

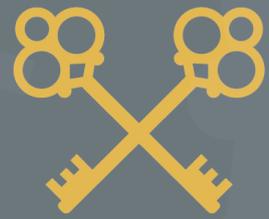
Main courses

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| (vg) | Spice-roasted cauliflower and sweet potato curry, chilli chickpeas, basmati rice | |
| (df) | Deep-fried breaded scampi tails, chips, minted peas, tartare sauce | G, CR, E, L, SU |
| | Dressed Cromer crab, house salad, kohlrabi, fennel and crème fraiche slaw, charred lemon, bread and butter | G, CR, L, M, MU, SU |
| (gf) | 'The Cross Keys' traditional cheese topped Fish Pie with Prawns, Salmon, Smoked Haddock, local market fish and seasonal vegetables | G, E, L |
| (gf) | Salter & King Honey-glazed Ham, Fried free range Gate Farm Eggs and Chips | MU, SU |

Sharing boards

Ideal for 2 people sharing

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|--|---|---------------------|
| | Fish - Prawn and crab toast, crispy fried whitebait, Smoked Salmon, Mackerel Pâté, Croutons, Fried Capers, Lemon Mayo | G, CR, L, M, MO, SU |
| | Meat & Cheese - Baked Camembert, Cured Meats, Pork Croquette, Parmesan Croutons, Pickles, Dressed Salad | G, E, L, M, MU, SU |



Burgers

Served on a seeded brioche bun with chips and salad

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| Chargrilled rump steak burger, Monterey Jack cheese, caramelised onion and bacon jam, mustard mayo | G, E, L, M, MU, SE, SU |
| Chicken, Parmesan and herb schnitzel burger, homemade pickles, tomato jam | G, E, L, M, MU, SE, SU |

Sandwiches

Served on granary bread with salad and salted crisps

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| Salter & King honey-glazed ham, English mustard | G, L, MU, SU |
| Panko Cod goujon, tartare sauce and pickled cucumber | G, E, F, L, MU, SU |
| Grilled halloumi, pickled cucumber and onion, tomato jam - toasted (V) (v) | G, L, M, MU, SU |

Sides

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|---------------------------------------|---------|
| Chips | |
| Marinated olives and homemade pickles | SU |
| Bread and butter | G, L, M |

Little plates for little people

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| Chicken goujons, chips, peas | G, E, L, |
| Mac 'n' cheese, side salad (v) | G, L, M, MU, SU |
| Crispy panko crumbed cod, chips and peas | G, E, F, L |

(V) = VEGETARIAN (GF) = GLUTEN FREE (DF) = DAIRY FREE (VG) = VEGAN

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