

## Allergens Menu

If you have a food allergy or intolerance, please inform a member of the team before placing your order. Please be aware that all our dishes are prepared in a mixed kitchen where nuts and gluten are present, as well as other allergens, therefore we cannot guarantee that any food item is completely 'free from' traces of allergens.

**C-CELERY G-GLUTEN CR-CRUSTACEAN E-EGGS F-FISH L-LUPIN M-MILK**  
**MO-MOLLUSCS MU-MUSTARD N-NUTS P-PEANUTS SE-SESAME S-SOYA SU-SULPHITES**

### Starters

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|--|--------------------|
| (v) Honey, garlic and rosemary baked Camembert, onion and cinnamon jam,<br>sourdough toast           | G/L/M/SU           |
| Salmon, prawn and herb fishcakes, dressed salad, lemon mayonnaise                                    | G/CR/E/F/L/M/MU/SU |
| (vg, Glass noodle and vegetable spring roll, Asian salad, soy, honey and ginger dipping<br>df) sauce | C/SE/SO            |

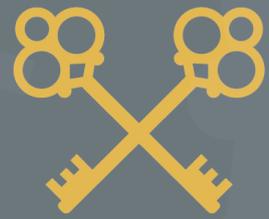
### Main Courses

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|--|------------------|
| Local 'Long Horn' pulled beef brisket chilli con carne, sour cream, cheddar, tortillas,<br>rice                                    | G/L/M            |
| Dressed Cromer crab, house salad, kohlrabi, fennel and crème fraiche slaw, charred<br>lemon  | C/E/MU/SU        |
| (vg, Spice-roasted cauliflower and sweet potato coconut curry, chilli chick peas,<br>df) basmatic rice                             | C                |
| (df) Deep-fried breaded scampi tails, chips, tartare sauce, minted peas  | G/CR/E/L/M/MU/SU |
| (gf) Cross Keys traditional cheese-topped fish pie, with prawns, salmon, smoked<br>haddock, local market fish, seasonal vegetables | G/CR/F/L/M/SU    |

### Burgers

Served on a seeded brioche bun with chips and salad

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|---|--------------------|
| Chargrilled rump steak burger, Monterey Jack cheese, caramelised onion and<br>bacon jam, mustard mayo | C/G/E/L/M/MU/SE/SU |
| Chicken, Parmesan and herb schnitzel burger, homemade pickles, tomato jam                             | C/G/E/L/M/MU/SE/SU |



## Sides

Chips	G
Marinated olives and homemade pickles	
Bread and butter	G/M/LU

## Sandwiches

Served on granary bread with salad and salted crisps

Salter & King honey glazed ham, English mustard	G/L/MU/SU
Hot smoked salmon, dill crème fraiche	G/CR/E/F/L/M/MU/SU
(v) Grilled halloumi, pickled cucumber and onion, tomato jam - toasted (V)	G/L/M/MU/SU

## Little plates for little people

Chicken goujons, chips, house salad	G/E/L/M
Mac 'n' cheese, side salad (V)	G/L/M/MU/SU
Crispy panko crumbed cod, chips and peas	G/E/M/L
Two scoops of ice cream	G/L/E/M

## Homemade Puds

Dark chocolate brownie, pistachio crumb, salted caramel ice cream	G/E/L/M
Sticky date pudding, toffee sauce, vanilla ice cream	G/E/L/M